



## Sardis Community Church Food Closet & Baby Basket

**Who uses it?** The food Closet and Baby Basket are used by families who attend Sardis Doorway as well as families from the community. Each family is allowed to access emergency food up to 6 times per year.

**What is available in the Food Closet & Baby Basket?** A list has been developed for the Food Closet with items suggested by Fraser Health and the Agassiz Food Bank. This list includes very basic items that are nutritious as well as what a family would typically eat and would be most helpful for the family.

**How can I help?** Help us restock the food closet & baby basket with the items on the list below. Get your whole family involved. Donations can be brought to Sardis Community Church Monday – Thursday 8:30 – 2:30 or on Sunday morning

**Baby Basket items:** baby wipes and diapers (mostly size 3, 4 & 5)

**Food Closet items:** Please check expiry dates

- Peanut butter**
- Canned soup**
- Canned fruit or veggies**
- Small pkgs of pasta**
- Kraft dinner**
- Boxes of cereal (cherrios, rice krispies)**
- Hamburger or Tuna Helper**
- Canned tuna or salmon**
- Raspberry or strawberry jam**

- Canned ravioli or Alphagetti**
- Pasta Sauce**
- Tomato paste**
- Pork ‘n Beans**
- Liquid dish soup**
- Soap bars**
- Toilet paper**
- Toothpaste**

### Questions?

Contact the church office at 604-858-7191,  
Call 604-819-6556 or email to [sardisdoorway@shaw.ca](mailto:sardisdoorway@shaw.ca)

